

Our programmes are tailored with the individual in mind.

As Workforce Singapore's appointed Career Matching Provider, we take pride in delivering high quality services to create a positive change to the Singapore labour market and enable better lives.

We work with individuals to provide guidance, support and training. Through our coaching, workshops and training we believe everyone can find the right job and improve their life through work.

We are Ingeus.

Newsletter content

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1. How to Use Rejections to Your Advantage in Job Search

One of the biggest roadblocks to a successful job search is the fear of rejection. Fear of rejection is worse than rejection itself because it paralyzes you even before you apply for any jobs. The good news is successful response to rejection is all within your control. Researchers recently found that success in job search comes from focusing on positive outcomes, rather than trying not to get rejected. While it's tempting to try and avoid not to get rejections in job search, jobseekers who do this fail far more often than those who optimistically focus on the outcome.

So, what separates the jobseekers who let rejections derail them from those who use rejections to their advantage? It comes down to what they *do* and what they *think*.

Here are some actions you should take in the face of rejection:

- **Own it and seek feedback.** Accept the rejection with an open mind. This will show your resilience and mental strength. If possible, ask for constructive feedback from the interviewer; and use the information to better prepare you for future interviews.
- **Reflect on your career goals.** Rejections provide an excellent platform to reassess your career goals. Use this opportunity to refine your job search strategy and align your job applications with positions that truly match your career attributes (career values, interests, personality type, and strengths).
- **Get back on the horse.** It is important that you don't let rejections make you timid. Every time you give in to this mindset, it will handicap you. Take enough time to learn why you don't get the job, and as soon as you have done that, get right back out there and apply for jobs again.

Besides actions, your attitude when facing rejection is also critical to your job search success. Here are some attitudes you should maintain:

- **Be optimistic.** The sense of optimism is an important factor that successful jobseekers have in common. They tend to see each job rejection as a building block to their ultimate success because of the learning it provides.
- **Stay persistent.** While being optimistic keeps you feeling positive, being persistent drives you to do the next action. It's optimism in action. Persistent people are special because their optimism never dies. This attitude makes them great at bouncing back from rejections.
- **Have positive perspective.** Jobseekers who are skilled at rebounding after rejection are more likely to be open minded and objectively receptive. People who are bad at handling job rejection tend to blame it on things or situations that are beyond their control.

Remember, what you do and what you think can turn rejections into opportunities for your personal and professional development. You can change how you see rejections so that you can use them to better yourself.

**STAY POSITIVE
DURING YOUR JOB
SEARCH**

“ A successful job hunt goes beyond the conventional activities of job applications and interviews; it's a dynamic and continuous process. Embrace fluidity, adapt, showcase strengths, and stay ahead in your professional journey by maintaining active networking.

Revolutionize Your Career with our 'Career Accelerator' Workshop Series. Propel yourself as a standout candidate in your industry, armed with essential tools and strategies for navigating the dynamic job landscape. Experience a transformative journey that enhances skills and elevates your professional narrative. Unleash your potential, position yourself as a top-tier candidate, and chart a course towards unparalleled success! “

- Career Coach Jasmeet Kaur



2. Testimonials From Satisfied Clients Who Benefitted From Our Programme



“ I would like to convey my sincere thanks to Ingeus for helping me secure a job offer. I'm especially grateful to Joohandy for being such a wise, patient and encouraging career coach. He meticulously trained me for each round of interview (there were six!) and together we did many question drills, examined the psychology behind each question and structured my answers for the most effective delivery.

Before this, the thought of engaging a career coach had never crossed my mind until I learnt of this free service paid for by the government. I'd thought I knew how to handle interviews after reading a few books and having hired people myself. But Joo's advice would always amaze me by making so much more sense than my original answers. He's really an expert. Again, a big thank you for your help and my deepest gratitude to Joohandy. ”

- Carrie Ho, Client

“ I am writing to express my utmost appreciation for the outstanding career coaching provided by Mr. Joohandy Asmooh. Throughout our coaching sessions, Mr. Asmooh has demonstrated an exceptional level of expertise and dedication, particularly in refining my interview and resume writing skills.

Mr. Asmooh's ability to tailor his coaching to my individual needs and aspirations has been truly remarkable. He has a knack for explaining complex concepts in a simple and actionable manner, enabling me to implement his teachings effectively in my career pursuits. His mentoring has not only broadened my skill set but has also boosted my confidence in pursuing and achieving my career objectives. I would like to extend my sincere gratitude to Mr. Joohandy Asmooh and your esteemed organization for providing such exceptional career coaching services.”

- Loqman Shariff, Client

3. Improve Your Job Search Skills Through Career Accelerator Workshops

Module 1 Job Search Jedi

- Identify industries/job hotspots in seconds using modern online tools and information
- Techniques to get noticed by headhunters and generate more interview opportunities
- Beat the ATS and also save precious hours scrolling through pages of job listings

Module 2 Resume & Cover Letter Preparation

- Know what is required for CVs today
- Create a CV that appeals to employers by focusing on your value proposition
- Prepare an effective and personalised cover letter

Module 3 Successful Interview Techniques

- Interview coaching using proven techniques
- Overcome tough interview questions effectively
- How to prepare before you go for the interview

Module 4 Build Personal Branding on LinkedIn

- Develop an online personal branding statement that differentiates you from others
- Learn how to apply it to develop a powerful LinkedIn account that gets the attention of recruiters
- Understand your core competencies and leverage on your unique set of skills and experience

Module 5 Networking & Elevator Pitch

- Learn techniques and tips to overcoming barriers to networking and network with ease
- Discover ways to find networking opportunity and follow up meaningfully
- Develop and deliver your elevator pitch for networking or when you meet with employers

Module 1 Job Search Jedi	Module 2 Resume & Cover Letter Preparation	Module 3 Successful Interview Techniques	Module 4 Build Personal Branding on LinkedIn	Module 5 Networking & Elevator Pitch
15 Apr 2024 06 May 2024 27 May 2024 18 Jun 2024	16 Apr 2024 07 May 2024 28 May 2024 20 Jun 2024	18 Apr 2024 09 May 2024 30 May 2024 24 Jun 2024	22 Apr 2024 13 May 2024 03 Jun 2024 25 Jun 2024	23 Apr 2024 14 May 2024 04 Jun 2024 27 Jun 2024

April to June Timetables

Date	Time	Module Title	Email Address
15/04/2024 (Monday)	1.30pm - 4pm	M1: Job Search Jedi	CA.M1@ingeus.com.sg
16/04/2024 (Tuesday)	1.30pm - 4.30pm	M2: Resume & Cover Letter Preparation	CA.M2@ingeus.com.sg
18/04/2024 (Thursday)	1.30pm - 4.30pm	M3: Successful Interview Techniques	CA.M3@ingeus.com.sg
22/04/2024 (Monday)	1.30pm - 3.30pm	M4: Build Personal Branding on LinkedIn	CA.M4@ingeus.com.sg
23/04/2024 (Tuesday)	1.30pm - 5pm	M5: Networking & Elevator Pitch	CA.M5@ingeus.com.sg

Registration opens from **25 March to 11 April 2024**

Date	Time	Module Title	Email Address
06/05/2024 (Monday)	1.30pm - 4pm	M1: Job Search Jedi	CA.M1@ingeus.com.sg
07/05/2024 (Tuesday)	1.30pm - 4.30pm	M2: Resume & Cover Letter Preparation	CA.M2@ingeus.com.sg
09/05/2024 (Thursday)	1.30pm - 4.30pm	M3: Successful Interview Techniques	CA.M3@ingeus.com.sg
13/05/2024 (Monday)	1.30pm - 3.30pm	M4: Build Personal Branding on LinkedIn	CA.M4@ingeus.com.sg
14/05/2024 (Tuesday)	1.30pm - 5pm	M5: Networking & Elevator Pitch	CA.M5@ingeus.com.sg

Registration opens from **15 April to 02 May 2024**

Date	Time	Module Title	Email Address
27/05/2024 (Monday)	1.30pm - 4pm	M1: Job Search Jedi	CA.M1@ingeus.com.sg
28/05/2024 (Tuesday)	1.30pm - 4.30pm	M2: Resume & Cover Letter Preparation	CA.M2@ingeus.com.sg
30/05/2024 (Thursday)	1.30pm - 4.30pm	M3: Successful Interview Techniques	CA.M3@ingeus.com.sg
03/06/2024 (Monday)	1.30pm - 3.30pm	M4: Build Personal Branding on LinkedIn	CA.M4@ingeus.com.sg
04/06/2024 (Tuesday)	1.30pm - 5pm	M5: Networking & Elevator Pitch	CA.M5@ingeus.com.sg

Registration opens from **06 to 23 May 2024**

Date	Time	Module Title	Email Address
18/06/2024 (Tuesday)	1.30pm - 4pm	M1: Job Search Jedi	CA.M1@ingeus.com.sg
20/06/2024 (Thursday)	1.30pm - 4.30pm	M2: Resume & Cover Letter Preparation	CA.M2@ingeus.com.sg
24/06/2024 (Monday)	1.30pm - 4.30pm	M3: Successful Interview Techniques	CA.M3@ingeus.com.sg
25/06/2024 (Tuesday)	1.30pm - 3.30pm	M4: Build Personal Branding on LinkedIn	CA.M4@ingeus.com.sg
27/06/2024 (Thursday)	1.30pm - 5pm	M5: Networking & Elevator Pitch	CA.M5@ingeus.com.sg

Registration opens from **27 May to 14 June 2024**

Steps to register for Career Accelerator Modules

- To register your interest for each Module, do email to the respective email address (copy coach in the email), according to the Sample Email as shown below. Upon receipt of your email, you will receive a system generated email to acknowledge your interest for the workshops.
- Confirmation email and Webex Meeting Link for the modules you have successfully registered for, will be sent to you few days before the modules, with the joining instructions.

Sample Email 1 - to register for M1: Job Search Jedi

- Send an email to: CA.M1@ingeus.com.sg (copy coach)
- Subject: Registration for [M1: Job Search Jedi - 15/04/2024](#)

Module	Date of Workshop	Clients Name	Client's Email Address	Name of coach
M1	15/04/2024	John Smith	jsmith_@hotmail.com	Coach A

4. Events for April to June 2024



WSG Events & Activities

Click the image on the left-hand side to view the [WSG CareersFinder](#), your personalised upskilling and career recommendations.

Click the image on the right-hand side to view the [WSG Workopedia](#)

- ✓ Upcoming Online Career Events
- ✓ Upcoming Physical Events
- ✓ Workshops & Seminars



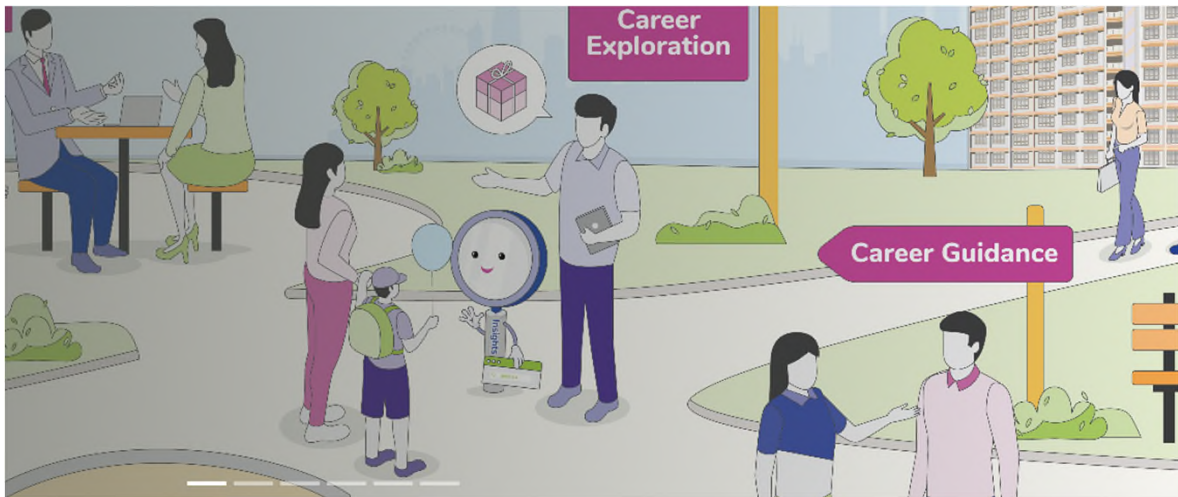
5. Resources For Your Personal Journey



Career GRIT

Career GRIT, an initiative by Workforce Singapore, is a comprehensive and intuitive career guide that helps you navigate the job market with ease. Our innovative guide provides an easy-to-use platform to access comprehensive career resources and build the skills and confidence needed to unlock your full potential.

[WSG Career GRIT > Home](#)



Survey

We appreciate your feedback

Do look out for our survey link which will be emailed to you and help to complete the survey. Thank you!

You can contact us at: <https://ingeus.com.sg/contact-us>
Or email us at feedback@ingeus.com.sg if you have any feedback on our service and/or any suggestion/s on how we can improve this newsletter.